

summer/autumn 2022 menu



	week 1	week 2	week 3	week 4
monday				
am snack	cereal & toast	cereal & toast	cereal & toast	cereal & toast
lunch	tomato and basil pasta	macaroni cheese	chicken fajita pasta	pasta bolognaise
	yoghurt	yoghurt	yoghurt	yoghurt
pm snack	mini rolls	mini sandwiches	mini rolls	filled croissants
tuesday				
am snack	toasted bagels	toast & banana	pancakes	toasted brioche
lunch	chicken curry, rice & naan	spicy rice	meatballs in tomato sauce with pasta	moroccan chicken, rice & naan
	fruit salad	bananas & custard	homemade muffins	fruit salad
pm snack	filled croissants	crackers	mini sandwiches	crackerbread
wednesday				
am snack	cereal & toast	pancakes	toasted brioche	pancakes
lunch	super vegetable pasta	mushy pea curry rice & naan	coconut chicken curry	mince & tatties
	mini muffins	fruit salad	fruit salad	banana muffins
pm snack	crackerbreads, meats, cheese & veg sticks	filled croissants	crackers, meats & cheese	mini sandwiches
thursday				
am snack	pancakes	toasted brioche	cereal & toast	cereal & banana
lunch	mince & tatties	pizza pasta	super vegetable pasta	butternut squash risotto
	bananas & custard	mini muffins	fruit & yoghurt	fruit & custard,
pm snack	mini sandwiches	rolls	filled croissants	mini rolls
friday				
am snack	toasted brioche	cereal & toast	cereal & toast	cereal & toast
lunch	meatballs in tomato sauce with rice	mince & tatties	sausage casserole & rice	tomato & basil pasta
	yoghurt	fruit salad	home baking	mini muffins
pm snack	pitta pockets	mini wraps	crackers, cheese, meats, veg sticks	mini wraps

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Our menus are developed over a four-weekly basis with variations each week to ensure that the children don't get bored! All our food is prepared freshly each day in our own kitchen with seasonal produce where possible. We offer purees and fork mashed foods for smaller children and follow the Setting the Table guidelines to ensure that children's nutritional needs are met whether they are weaning, on solids, or helping themselves to all that's on offer!

All meals for children over a year are served with milk or water. Children under a year are served cooled boiled water.

We are allergen aware. If your child has specialist dietary needs then we can work with you on that too. Feel free to speak to any of the team if you have any questions.